



LAM Regional Report

Sharing Good News in the Parishes of Kitley, Lansdowne Rear, Leeds Rear & The Rideau (The Anglican Regional Ministry of North Leeds)

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Leeds Anglican Ministries

Stronger Together in Christ

Volume 4, Issue 1 - Summer 2020

Dear friends,

These last weeks have been a strange time, when many of our usual ways of keeping in touch have ceased to be available to us.

Although many of us are connecting on line and by telephone, we want to reach out by mail as well to remind you of our prayers and concern for your wellbeing, and share information and resources.

During the first weeks of the pandemic we were very hesitant to undertake a mailing for fear of possible contact transmission, but given the current situation in our area we're glad to be able to be in touch in this way!

The clergy, wardens and pastoral care teams are trying to regularly keep in touch with everyone by phone. Please forgive us if we don't get to you as often as we should, and don't hesitate to call one of us.

If you have access and would like to connect with us online, please contact Rev. Trish (613-640-0728 / rev.trish.miller@gmail.com) or Rev. Nancy (613-284-3210 / nmacdio@gmail.com) for more information. We gather for regular online worship three times a week, post a weekly children's program, share Facebook updates, gather for Bible study and coffee hour, and share weekly updates by email. In addition, we will be posting online cemetery memorial worship services since we cannot gather in person.

If you do not have internet access, but would like to join our online worship we can arrange

for you to listen by phone. Please call if you'd like to try this.

The Bishops of the Province of Ontario have indicated that we will not be gathering for in-person worship until at least the beginning of September. Guidelines for phasing in a return to more in-person worship, ministry and mission have been issued and each worshipping congregation must have a plan for safe gathering approved by our Diocesan taskforce, prior to doing so. In that regard, we ask you to please provide your input on the enclosed survey so we can best meet the needs of all our parishioners.

The Ontario Bishops are also considering when and how we may return to in-person pastoral care, and we look forward to being able to do so! We particularly pray for our members who reside in long-term care facilities and for whom outside access is, for safety, necessarily very limited. In the meantime, please do not hesitate to call if you have any pastoral need.

For your prayer time, you will find on the back of this note, brief orders for daily prayer and a listing of the Gospels for the Sundays through the summer.

We are very grateful to all those who continue to offer their time, talent and treasure in support of the ministries of our congregations. If you would like to make a donation it can be done online. If you don't have online access, please call and we'll give you the necessary contact information.

MORNING PRAYER

Lord, open our lips,
and our mouth shall proclaim your praise.
O God, make speed to save us.
O Lord, make haste to help us.
Glory to the Father, and to the Son, and to
the Holy Spirit,
as it was in the beginning, is now and will be
for ever. Amen. Alleluia.

Psalm 95.1-7

Come, sing to the Holy One !
Shout for joy to the Rock who defends us!
Come into the Presence with thanksgiving!
Raise our voices in joyful hymns!
Truly the Holy One is a great God,
supreme above all gods,
in whose hands are the ends of the earth
and the heights of all the mountains.
The sea belongs to God who made it,
whose hands formed the dry land.
Come, worship and bow down;
kneel in the presence of our Creator.
Truly, truly, our God is the Holy One,
whose people we are, all in God's pasture.

Read and reflect on a passage of Scripture

Hear, O Israel, the Lord our God, the Lord is
one. Love the Lord your God with all your
heart, with all your soul, with all your mind,
and with all your strength. This is the first and
the great commandment. The second is like
it: Love your neighbour as yourself. There is
no commandment greater than these.

*Offer prayers in praise, thanksgiving, concern
for your needs the needs of others and the
world, and for forgiveness, concluding with
The Lord's Prayer*

Let us bless the Lord.
Thanks be to God.

EVENING / NIGHT PRAYER

O God, be not far from us.
Come quickly to help us, O God.
Our God and Saviour draws near:
O come let us worship.
Glory to the Father, and to the Son, and to
the Holy Spirit,
as it was in the beginning, is now and will be
for ever. Amen. Alleluia.

Psalm 134

Behold now, bless the Lord,
all you servants of the Lord, *
you that stand by night
in the house of the Lord.
Lift up your hands in the holy place *
and bless the Lord;
the Lord who made heaven and earth *
bless you out of Zion.

Read and reflect on a passage of Scripture

A Night Prayer

Lord it is night. The night is for stillness.
Let us be still in the presence of God.
It is night after a long day. What has been
done has been done; what has not been
done has not been done; let it be.
The night is dark. Let our fears of the
darkness of the world and of our own lives
rest in you. The night is quiet. Let the
quietness of your peace enfold us, all dear to
us, and all who have no peace. The night
heralds the dawn. Let us look expectantly to
a new day, new joys, new possibilities. In
your name we pray. Amen.

The Lord's Prayer

Preserve us, O God, waking, and guard us
sleeping; that awake we may watch with
Christ, and asleep we may rest in peace.

SUNDAY GOSPEL READINGS

June 28 - Matthew 10:40-42
July 5 - Matthew 11:16-19, 25-30
July 12 - Matthew 13:1-9, 18-23
July 19 - Matthew 13:24-30, 36-43
July 26 - Matthew 13:31-33, 44-52

August 2 - Matthew 14:13-21
August 9 - Matthew 14:22-33
August 16 - Matthew 15:10-28
August 23 - Matthew 16:13-20
August 30 - Matthew 16:21-28