



Leeds Anglican Ministries Family Activities and Devotions - 2021



Welcome to Day 2 of our resource for families for use from Palm Sunday through Holy Saturday.

Each day we post a resource and some links.

We'd love to see pictures of your Holy Week crafts / activities, so please feel free to share them on our Facebook page!

Let's again begin with a prayer:

God be with us in this Holy Week as we remember the last days of Jesus' earthly life, and open our hearts to be ready to celebrate the Easter Good News that He Is Risen. We pray this in Jesus name. Amen.

Monday in Holy Week

Today we remember the woman who poured expensive perfumed oil on Jesus' head when he was in Bethany just before his Last Supper with his disciples and his arrest. She did this as part of the tradition of anointing bodies for burial.

You can read more here:

[Mark 14:3-9 ERV - A Woman Does Something Special - Jesus - Bible Gateway](#)

or watch a video here:

<https://youtu.be/mkiUmR8OQWk>

In the story, Jesus' friends are upset that the woman was so generous, but Jesus told them to leave her alone, and that she had done a good thing that would be remembered for a long time. Do you remember when someone was very generous to you? How can you be generous like the woman in the story?

For the activity today, you can try making your own perfumed oil to share with someone you love. Start with any oil you have in your house – the less smelly the better – you might want to try baby oil, grapeseed or coconut oil but in a pinch you could use vegetable or canola oil. Pour a little bit in a jar with a tight lid, about ¼ cup in a mason or old jam jar would work. Now you can experiment with things that smell nice. You can add drops of other oils you may have at home (like lavender or other safe essential oils). You can also add spices like pieces of cinnamon sticks or whole cloves. You can also add bits of orange or lemon peel (try to use as little of the white part as possible – you might need adult help shaving the rind off the fruit). Once you've added the fragrant items to your oil, tighten the lid and give it a gentle shake – then leave it for an hour or more for the scent to spread in the oil. You can then use your scented oil for massaging into dry skin or add a little bit to a bath.

Prayer: Jesus, help us to be generous to you and to others. Help us to share the gifts we have and to be thankful for the gift of life you gave us. Amen.